

# The Rucksack

Newsletter of the Friends of McNabs Island Society  
The society is a registered charity: CCRA number 88847 4194 RR 0001



Volume Fourteen, Issue Two

Fall/Winter 2005

## The 8<sup>th</sup> Annual McNabs Island Paddle and Clean-up

One thing that strikes me about this year's paddle cleanup was the generosity, public support and enthusiasm of the Trail Shop who played such a key role in helping making this event happen by lending us sea and recreational kayaks (and other gear). More paddlers were able to take part in the clean-up effort as a result of the Trail Shop's initiative. Without the Trail Shop's support, as well as the assistance of Captain Mike



Enthusiastic paddlers ready to put in from Dooks Wharf



Hauling garbage bags to the collection point

Tilley of McNabs Island Ferry Company and Dusan Soudek from Canoe Kayak Nova Scotia, we would not have been able to have such a successful paddle cleanup.

This year's annual event, co-sponsored by Canoe Kayak Nova Scotia and the Friends of McNabs Island Society went off without a hitch. By noon, 55 bags of plastic and glass litter had been collected by the paddlers (two very able open

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**Friends of McNabs Island Society  
Rucksack**

*Web address: <http://www.mcnabsisland.com>*

Published 4 times each year: Spring, Summer, Fall & Winter

**SUBSCRIPTIONS:** Due annually on the date of membership. Individual Membership or Newsletter Only is \$15 per year, Family Membership is \$20 per year, Supporting Membership is \$50 per year and Sustaining Membership is \$100 per year. We also accept donations.

Contact address: **Friends of McNabs Island**  
PO Box 31240  
Gladstone RPO  
Halifax, NS  
B3K 5Y1

**DEADLINES:** February 1st for the Spring issue, 1 June for the Summer issue, September 1st for the Fall issue and November 1st for the Winter issue. We welcome contributions, ideas and feedback.

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**McNabs Island Merchandise**

For a unique souvenir or gift consider supporting the Friends of McNabs Island.

- ◆ **Discover McNabs Island** books are available for \$10.00
- ◆ Panoramic harbour view **POSTERS of McNabs Island** available for \$5.00
- ◆ **Brochures and Maps** are available for FREE.

Contact Carolyn Mont, 477-0187 to get yours today!

**Email Updates**

- If you wish to receive updates about the status of McNabs Island by email, please send your information to:

***mcnabs@chebucto.ns.ca***

Garbage awaiting pick up near McLean's Point, McNabs

Photo credits this issue:  
Dusan Soudek



## **Friends of McNabs Island Annual Dinner and Silent Auction**

Enjoy the ambiance of the Officers Mess at Royal Artillery Park, Halifax  
on 18 February, 2006

Doors open at 5:30, Dinner at 6:30

Buffet Style Gourmet Dinner  
(for vegetarian plate, specify when you purchase your ticket)

Get your tickets now at the **Early Bird price! \$35 prior to January 16, 2006**

\$40 Regular Price after January 16, 2006

Tickets sell out quickly, only 80 spaces available!

Call Carolyn Mont at 477-0187 for details.

### **Management Plan Approved!**

The Department of Natural Resources issued a press release in September of this year to announce the approval of the McNabs and Lawlor Island Provincial Park management Plan.

The plan defines a vision and management philosophy that will guide decision-making for the park over the next 25 years and was prepared in consultation with members of the McNabs and Lawlor Islands Provincial Park Advisory Committee, community-based organizations, local residents and staff of the Department of Natural Resources.

The full plan can be found on the web at: [www.gov.ns.ca/natr/parks/](http://www.gov.ns.ca/natr/parks/)

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canoeists and nine sea/recreational kayakers) along the Northeast shoreline of the Island between Farrels Point and Timmins Cove. These are areas which are harder to access by hikers and on the Island.

A highlight of the paddle was the lunch at the grassy campsite at Timmins Cove and the glorious paddle or sail with the freshening wind back to our put-in next to Dooks Wharf in Shearwater. A big 'thank-you' goes out to both of our corporate supporters, Dusan Soudek and this amazing group of paddlers!!!

Katalin Ohlsson

Paddler Erika Williams enjoys a well earned lunch near Timmins Cove



**THE FRIENDS OF McNABS ISLAND SOCIETY  
MEMBERSHIP APPLICATION and RENEWAL FORM**

NEW MEMBERSHIP

Name: \_\_\_\_\_

RENEWAL

Ad-  
dress: \_\_\_\_\_

I AM ENCLOSING \$ \_\_\_\_\_ FOR

DONATION

SUSTAINING MEMBER (\$100 annually)

SUPPORTING MEMBER (\$50 annually)

INDIVIDUAL MEMBER (\$15 annually)

FAMILY MEMBERSHIP (\$20 annually)

NEWSLETTER ONLY (\$15 annually)

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Willing to help out? \_\_\_\_\_

Annual membership to the Friends of McNabs Island Society starts on the date of payment of dues and includes a year's subscription to the society's quarterly newsletter, *The Rucksack*. We thank you for your continued support and welcome your interest!

Send money or cheque, payable to:  
**The Friends of McNabs Island Society**

PO Box 31240  
Gladstone RPO  
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or phone Carolyn Mont at 477-0187 for membership inquiries.



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***The Rucksack*** is published by the **Friends of McNabs Island Society**.

Contributions, ideas and feedback are welcome.

Visit our website at: [www.mcnabsisland.ca](http://www.mcnabsisland.ca)

Phone: Cathy (902) 434-2254 evenings or Carolyn (902) 477-0187

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